CAPSTONE MEN AND WOMEN  
2017 Application  

First Round Interviews: January 31 - February 2, 2017  
Second Round Interviews: February 7, 2017  

HOW DO I APPLY?

The Capstone Men and Women are chosen competitively each February through an interview process conducted by The Capstone Men and Women selection committee. Members of the group must also try out every year. No particular male/female ratio is established for the group. Members are required to meet the following criteria:

- Cumulative grade point average of 3.0 or higher.
- At least second-semester freshman standing.
- Full-time enrollment as an undergraduate (no graduate/law students).
- Involvement, but not over-commitment, in campus activities.
- Ability to devote from five to ten hours or more each week to group duties while maintaining good grades.
- Ability to participate regularly in Tuesday night meetings, weekend and evening events.
- Willingness to memorize a volume of material about The University of Alabama and to keep up with current information about its growth and development.
- Ability to learn the official van/walking tour of the campus and to present it in a professional manner to prospective students, their parents, and other campus visitors.
- Excellent oral communication skills and poise in dealing with diverse groups of individuals.
- Must comply with Capstone Men and Women Guidelines.

Applications are available online at http://cmw.ua.edu/.

- Deadline to apply for membership is Friday, January 27, 2017. All applications with a photograph and a one-page resume are due in 284 Rose Administration Building by 12:00 p.m. No application will be accepted after the deadline. (Photograph should fit in box below.)
- A mandatory Convocation will be held on Sunday, January 29, 2017 at 6:00 p.m. in North Lawn Hall 1000 to discuss the selection process. Failure to attend the Convocation will result in automatic disqualification of the applicant.

The Capstone Men and Women include the best and the brightest of The University of Alabama’s students. Exciting opportunities abound for group members. Don’t miss this once-a-year chance to try out for this distinguished honor!
The Capstone Men and Women are the official student public-relations representatives for The University of Alabama. All applicants must submit a photograph and one-page resume with this application. This form must be returned to 284 Rose Administration Building no later than 12:00 p.m. on Friday, January 27, 2017. Typed applications are preferred.

All applicants must attend a Convocation that will be held in **North Lawn Hall 1000** at 6:00 p.m. on Sunday, January 29.

For further information, please contact Lucy Arnold Sikes, Advisor at 348-6747 or lasikes@ua.edu.
List activities and honors at The University of Alabama. Please give days and hours of club meetings and the approximate hours per week required for each activity. You must be available for mandatory Capstone Men and Women meetings every Tuesday from 5:30-7:30 p.m.

Which of your activities do you feel has contributed most significantly to the University of Alabama? Explain.

If you are a transfer student, list activities and honors at your previous college.

How much time are you willing to give to the activities of the Capstone Men and Women?

What kind of image do you think this organization has? How would you contribute to that image or improve it?

Have you tried out for Capstone Men and Women before? 
________ Yes 
________ No

__________________________
(Date)

__________________________
(Signature)